

September 2024



Full-Time Group

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 OFF	2 5:30 - 8 PM Indoor - Sign ups (baseball)	3 4:30 - 6:30 PM MY HOUSE (strength)	4 4:30 - 6:30 PM INDOOR (baseball)	5 4:30 - 6:30 PM MY HOUSE (strength)	6 4:30 - 6 PM INDOOR (speed)	7
8 OFF	9 4:30 - 6 PM INDOOR (speed)	10 4:30 - 6:30 PM MY HOUSE (strength)	11 4:30 - 6:30 PM INDOOR (baseball)	12 4:30 - 6:30 PM MY HOUSE (strength)	13 4:30 - 6 PM INDOOR (speed)	14
15 6:30 - 8:30 PM COVINGTON (baseball)	16 4:30 - 6 PM INDOOR (speed)	17 4:30 - 6:30 PM MY HOUSE (strength)	18 4:30 - 6:30 PM INDOOR (baseball)	19 4:30 - 6:30 PM MY HOUSE (strength)	20 4:30 - 6 PM INDOOR (speed)	21 HIGH SCHOOL TRYOUTS DAY 1 9-11 am
22 HIGH SCHOOL TRYOUTS DAY 2 2-4pm	23 4:30 - 6 PM INDOOR (baseball)	24 HIGH SCHOOL TRYOUTS DAY 3 6:30-8:30pm	25 4:30 - 6:30 PM MY HOUSE (strength)	26 HIGH SCHOOL TRYOUTS if needed 6:30-8:30pm	27 4:30 - 6:30 PM MY HOUSE (strength)	28 HIGH SCHOOL TRYOUTS if needed 9-11am
29 5:30 - 8:30 PM Indoor - Sign ups (baseball)	30 OFF					